

COMPLETE PUBLICATIONS (TOTAL 7)

1. Aggressive Massage Techniques can Accelerate Safe Return after Hamstrings Strain: A Case Study of a Professional Soccer Player

Konstantinos Fousekis, Konstantinos Mylonas and Venetia Charalampopoulou
Journal of Sports Medicine & Doping Studies 2014, 4:31

<http://dx.doi.org/10.4172/2161-0673.1000144>

Cited by 4

2. The Effectiveness of Instrument-assisted Soft Tissue Mobilization Technique (Ergon© Technique), Cupping and Ischaemic Pressure Techniques in the Treatment of Amateur Athletes' Myofascial Trigger Points

Konstantinos Fousekis, Eleni Kounavi, Symeon Doriadis, Konstantinos Mylonas, Elias Kallistratos and Elias Tsepis

Journal of Novel Physiotherapies 2016, S3:009

<http://dx.doi.org/10.4172/2165-7025.S3-009>

Cited by 19

3. Elastic Bandaging for Orthopedic and Sports Injuries Prevention and Rehabilitation: A Systematic Review.

Fousekis, K., Billis, E., Matzaroglou, C., Mylonas, K., Koutsojannis, C., & Tsepis, E.
Journal of sport rehabilitation, 1-28. 2016

<http://dx.doi.org/10.1123/jsr.2015-0126>

Cited by 7

4. Can the application of the Ergon® IASTM treatment on remote parts of the superficial back myofascial line be equally effective with the local application for the improvement

of the hamstrings' flexibility? A randomized control study

Konstantinos Fousekis, Kristin Eid, Enea Tafa, Panagiotis Gkrilias, Konstantinos Mylonas, Pavlos Angelopoulos, Dimitra Koumoundourou, Vicky Billis, Elias Tsepis
The Journal of Physical Therapy Science 2019

<https://www.ncbi.nlm.nih.gov/pubmed/31417211>

Cited by 1

5. Effects of the Ergon® instrument-assisted soft tissue mobilization technique (IASTM), foam rolling, and static stretching application to different parts of the myofascial lateral line on hip joint flexibility

Maria Simatou, Maria Papandreou, Evdokia Billis, Maria Tsekoura, Konstantinos Mylonas, Konstantinos Fousekis

The Journal of Physical Therapy Science 2020

6. Posterior thigh thermal skin adaptations to radiofrequency treatment at 448 kHz applied with or without Indiba® fascia treatment tools

Konstantinos Fousekis, Georgios Chrysanthopoulos, Maria Tsekoura, Dimitris Mandalidis, Konstantinos Mylonas, Pavlos Angelopoulos, Dimitra Koumoundourou,

Vicky Billis, Elias Tsepis
The Journal of Physical Therapy Science 2020

7. Effects of three different application angles of instrument- assisted soft-tissue mobilization on hamstring surface thermal responses

Fousekis Konstantinos, Varda Charikleia, Mandalidis Dimitris, Mylonas Konstantinos, Angelopoulos Pavlos, Koumoundourou Dimitra, Tsepis Elias
The Journal of Physical Therapy Science Manuscript ID JPTS-2020-003 Manuscript Type: Original article Date Submitted by the Author: 08-Jan-2020
(Έχει γίνει αποδεκτή και αναμένεται η δημοσίευση)

PUBLICATIONS IN SUMMARY FORM (TOTAL 4)

1. The acute effects of Ergon® IASTM therapy on superficial back myofascial chain flexibility: A comparative study regarding the site of the treatment

Konstantinos Fousekis, Eid Kristin, Tafas Enea and Konstantinos Mylonas
Posters & Accepted Abstracts: Journal of Novel Physiotherapies
DOI: 10.4172/2165-7025-C1-018

2. Treatment of adhesive capsulitis with Ergon® IASTM technique and stretching exercises: A case study

Konstantinos Fousekis and Konstantinos Mylonas
Posters & Accepted Abstracts: Journal of Novel Physiotherapies 2017
DOI: 10.4172/2165-7025-C1-018

3. Treatment of supraspinatus tendinopathy with Ergon IASTM technique and neuromuscular control exercises: A case study

Konstantinos Fousekis, Konstantinos Mylonas and Pavlos Angelopoulos
Posters & Accepted Abstracts: Journal of Novel Physiotherapies 2017
DOI: 10.4172/2165-7025-C1-018

4. Treatment of the trunk and lower extremities with Ergon® IASTM Technique can increase hamstrings flexibility in amateur athletes: a randomized control study.

Kristin Eid, Enea Tafas, Konstantinos Mylonas, Pavlos Angelopoulos, Elias Tsepis, Konstantinos Fousekis .

Abstracts / Physical Therapy in Sport 28 (2017) e1ee25

<https://doi.org/10.1016/j.ptsp.2017.08.038>

Cited by 2

**ANNOUNCEMENTS AT FOREIGN SCIENTIFIC CONFERENCES
(TOTAL 7)**

1. The acute effects of Ergon® IASTM therapy on superficial back myofascial chain flexibility: A comparative study regarding the site of the treatment

Konstantinos Fousekis, Eid Kristin, Tafas Enea and Konstantinos Mylonas
4th International Conference and Expo on NOVEL PHYSIOTHERAPIES 2017/

Birmingham 2017

2. Treatment of adhesive capsulitis with Ergon® IASTM technique and stretching exercises: A case study

Konstantinos Fousekis and Konstantinos Mylonas

4th International Conference and Expo on NOVEL PHYSIOTHERAPIES/
Birmingham 2017

3. Treatment of supraspinatus tendinopathy with Ergon IASTM technique and neuromuscular control exercises: A case study

Konstantinos Fousekis, Konstantinos Mylonas and Pavlos Angelopoulos

4th International Conference and Expo on NOVEL PHYSIOTHERAPIES/
Birmingham 2017

4. Treatment of the trunk and lower extremities with Ergon® IASTM Technique can increase hamstrings flexibility in amateur athletes: a randomized control study. Kristin Eid, Enea Tafas, Konstantinos Mylonas, Pavlos Angelopoulos, Elias Tsepis, Konstantinos Fousekis .

The Second World Congress of Sports Physical Therapy/ Optimal Loading in Sport/
Belfast 6th-7th October 2017

5. Hamstrings thermal skin adaptations after 10 minutes treatment with INDIBA® activ radiofrequency treatment at 448 kHz and INDIBA® fascia treatment

Konstantinos Fousekis, Konstantinos Mylonas and Pavlos Angelopoulos

6th International Conference & Exhibition on Physiotherapy & Physical
Rehabilitation August 13-14, 2018 | London, UK

6. The effect of three different angles of application of Ergon IASTM technique on hamstrings thermal skin responses

Konstantinos Fousekis, Konstantinos Mylonas and Pavlos Angelopoulos

6th International Conference & Exhibition on Physiotherapy & Physical
Rehabilitation

August 13-14, 2018 | London, UK

7. INDIBA® activ radiofrequency treatment at 448 kHz and INDIBA® Fascia soft-tissue treatment procedures can induce significant thermal skin adaptations that remains for a prolonged period

Konstantinos Fousekis, Konstantinos Mylonas, Pavlos Angelopoulos, Evdokia Bilis, Panagiotis Gkrilias, Maria Tsekoura and Elias Tsepis

6th International Conference & Exhibition on Physiotherapy & Physical
Rehabilitation August 13-14, 2018 | London, UK